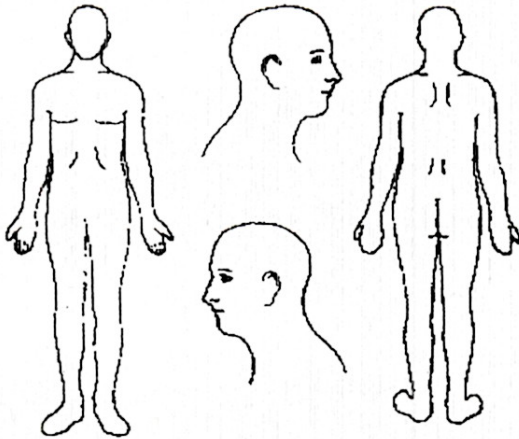


Date of Visit: \_\_\_/\_\_\_/\_\_\_ Patient: \_\_\_\_\_ Age: \_\_\_\_\_

What brought you here today? \_\_\_\_\_

Place an "X" on the drawing below on areas causing you pain and a letter describing it

A = ACHE  
 B = BURNING  
 S = STABBING  
 N = NUMBNESS  
 P = PINS & NEEDLES



**PAIN SCALE**

Please circle the number that best describes your pain

0 1 2 3 4 5 6 7 8 9 10  
 NONE LITTLE MEDIUM SEVERE

Describe your past health history:

Prior Illness: \_\_\_\_\_

Past Hospitalizations: \_\_\_\_\_

Surgeries: \_\_\_\_\_

Medications: \_\_\_\_\_

Patient Signature: X \_\_\_\_\_

(DO NOT WRITE BELOW THIS LINE)

**INITIAL EVALUATION & MANAGEMENT**

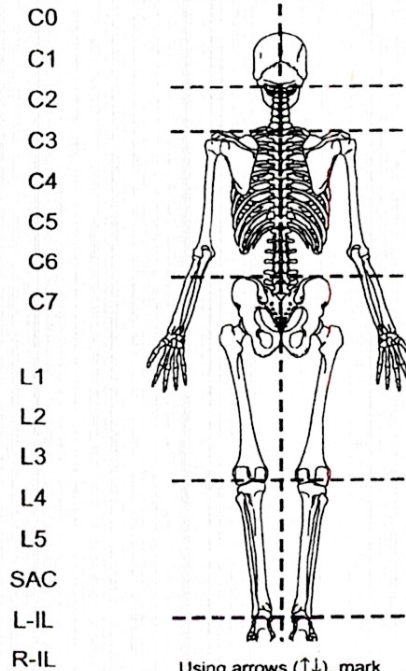
**Range of Motion**

| Cervical       | Normal | Pain |
|----------------|--------|------|
| Flexion        | 50     |      |
| Extension      | 60     |      |
| Left Lat Flex  | 45     |      |
| Right Lat Flex | 45     |      |
| Left Rotation  | 80     |      |
| Right Rotation | 80     |      |
| Lumbar         | Normal | Pain |
| Flexion        | 60     |      |
| Extension      | 25     |      |
| Left Lat Flex  | 25     |      |
| Right Lat Flex | 25     |      |
| Left Rotation  | 30     |      |
| Right Rotation | 30     |      |

**Health HX Notes:**

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

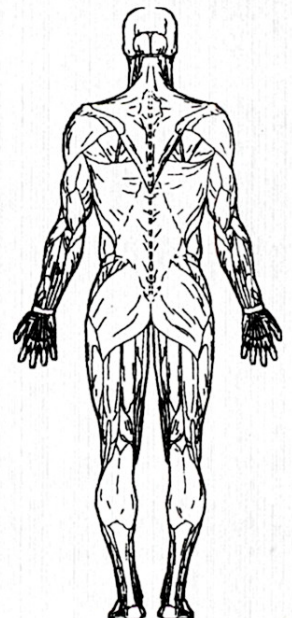
**Asymmetry**



Using arrows (↑ ↓ → ←) mark the misaligned vertebrae

Using arrows (↑↓), mark postural asymmetry

**Tissue**



Mark tissue abnormalities TP, LG, TN, SK, FS

TP=Trigger Points; LG=Ligaments (swollen or tender)  
 TN=Tendons; SK=Skin; FS=Fascial Restrictions